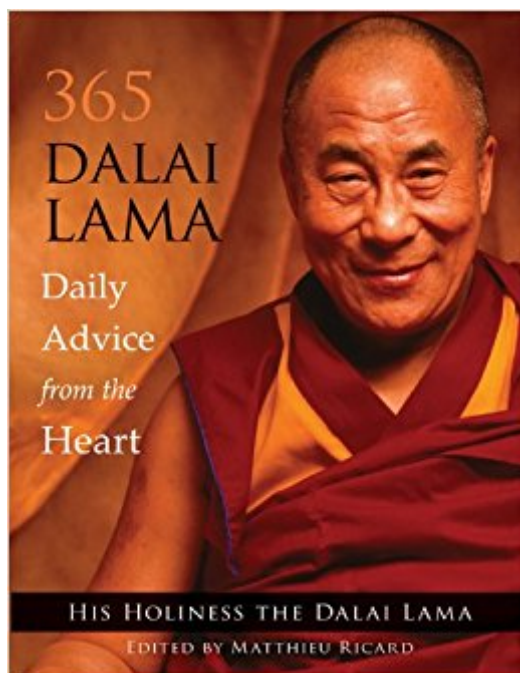


The book was found

# 365 Dalai Lama: Daily Advice From The Heart



## Synopsis

Imagine having an audience with the Dalai Lama every day, receiving personal advice about how to make your life better and more joyful. 365 Dalai Lama offers exactly that: short and inspiring words offering enlightening advice for everyday living. The teachings in 365 Dalai Lama offer an opportunity to feel the focus and presence of the Dalai Lama as never before. His holiness shares his advice from the heart on a variety of topics including: Living and Growing Old, Young People and Families, Sickness and Dying, Living in Poverty and Wealth, Anger, Jealousy, Pride, and Desire, Religion and Faith, Sexual Desire and Homosexuality, War and Politics, Mindfulness and a Contemplative Life.

## Book Information

Paperback: 384 pages

Publisher: Hampton Roads Publishing (March 1, 2012)

Language: English

ISBN-10: 1571746811

ISBN-13: 978-1571746818

Product Dimensions: 1.2 x 5.2 x 7 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 36 customer reviews

Best Sellers Rank: #121,247 in Books (See Top 100 in Books) #16 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Dalai Lama #147 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Tibetan #661 in Books > Religion & Spirituality > Worship & Devotion > Inspirational

## Customer Reviews

Tenzin Gyatso, His Holiness the XIV Dalai Lama, is the exiled spiritual leader of the Tibetan people. He is widely recognized as an advocate of world peace and has received many honors, including the Nobel Peace Prize.

Maybe it has a lot to do with the positive insight that the Dalai Lama has to offer for ANY situation. A paragraph a day, one page, can make a huge difference in your mindset; either starting the day or dealing with a difficult situation as your day progresses. This book is not overly religious, and it's written in plain terms. Thank you Dalai Lama for your kind and gentle presence.

Great advice from an awesomely great, good person!

Excellent

:-)

I like the quality of the book that I received its totally new, actually its a gift for my wife she's been looking for this in Oman for long time now but she can't find here I search in and its available and decided to purchase it for her as a Christmas gift :)

Get a copy for everyone you know...this is how to change the world.

Very nice words from a wonderful human being.

Item was exactly as advertised

[Download to continue reading...](#)

365 Dalai Lama: Daily Advice from the Heart The Dalai Lama: Foreword by His Holiness The Dalai Lama The Dalai Lama : The Best Teachings of The Dalai Lama, Journey to a Happy, Fulfilling and Meaningful Life ! The Essence of the Heart Sutra: The Dalai Lama's Heart of Wisdom Teachings Essence of the Heart Sutra: The Dalai Lama's Heart of Wisdom Teachings The Dalai Lama Book of Quotes: A Collection of Speeches, Quotations, Essays and Advice from His Holiness (Little Book. Big Idea.) The Path to Tranquility: Daily Meditations by the Dalai Lama Dalai Lama 2017 Wall Calendar: Heart of Wisdom Daily Routine: Amazing Morning Routine for Being More Happy, Productive and Healthy (Daily Routine, Daily Rituals, Daily Routine Makeover, Productivity Book 1) Freedom in Exile: The Autobiography of The Dalai Lama Destructive Emotions: A Scientific Dialogue with the Dalai Lama Stop Negative Thinking in 7 Easy Steps (Understanding Eckhart Tolle, Dalai Lama, Krishnamurti, Ramana Maharshi and more!): Easy Training to Beat Depression! (The Secret of Now Book 6) Dalai Lama: Man, Monk, Mystic Who Is the Dalai Lama? (Who Was?) Learning from the Dalai Lama: Secrets From the Wheel of Time The 14th Dalai Lama (A & E Biography (Lerner Paperback)) Dalai Lama: Peacemaker from Tibet, the (Famous Lives (Raintree)) The Dalai Lama The Delight of Being Ordinary: A Road Trip with the Pope and the Dalai Lama Boy on the Lion Throne: The Childhood of the 14th Dalai Lama

Contact Us

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)